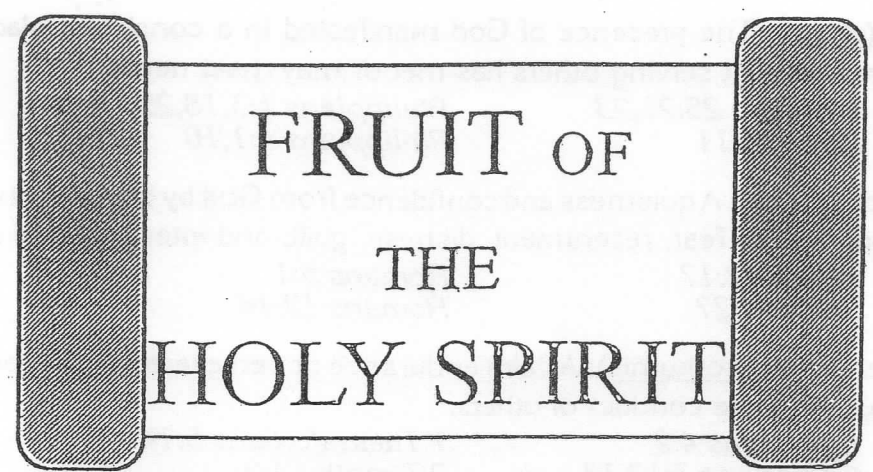
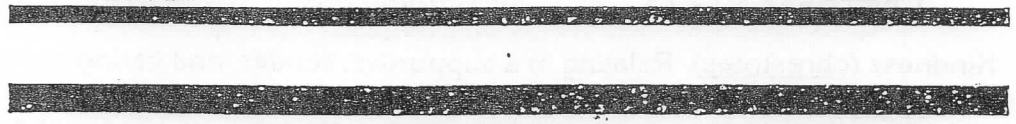


FRUIT OF THE SPIRIT
AND SCRIPTURE REFERENCES

The following are suggested devotions for the fruit of the Spirit. They have emerged from several years of research and will be of help to you in your study of the Bible. The following are suggested devotions for the fruit of the Spirit. They have emerged from several years of research and will be of help to you in your study of the Bible.



FRUIT OF
THE
HOLY SPIRIT



FRUIT OF THE SPIRIT DEFINITIONS AND SCRIPTURE REFERENCES

The following are suggested definitions for the fruit of the Spirit. Though not meant to be absolute, they have emerged from parallel Scripture references and word studies of authors in the bibliography elsewhere in this booklet.

1. Love (agape). An unconditional giving of self to others regardless of their condition or circumstances, as Christ loved us, and because God first loved us.

<i>Luke 6:35</i>	<i>John 13:34, 15:13</i>	<i>1 John 3:18 4:19</i>
<i>John 3:16</i>	<i>1 Corinthians 13:4-7</i>	

2. Joy (chara). The presence of God manifested in a consistent gladness of heart, and from awareness that serving others has met or may meet needs.

<i>Matthew 25:21,23</i>	<i>Philippians 1:3,18,25</i>	<i>Hebrews 12:2</i>
<i>John 15:11</i>	<i>Philippians 4:1,10</i>	<i>Romans 14:17</i>

3. Peace (eirene). A quietness and confidence from God by being right with Him (righteousness), an antidote to fear, resentment, distress, guilt, and inter-personal differences.

<i>Isaiah 32:17</i>	<i>Romans 5:1</i>	<i>Philippians 4:7</i>
<i>John 14:27</i>	<i>Romans 12:18</i>	<i>Luke 2:14</i>

4. Patience (makrothumia). A calm endurance or perseverance not easily provoked by suffering or questionable conduct of others.

<i>Ephesians 4:2</i>	<i>1 Thessalonians 5:14</i>	<i>2 Corinthians 6:4-6</i>
<i>Colossians 3:12,13</i>	<i>2 Timothy 4:2</i>	

5. Kindness (chrestotes). Relating in a supportive, tender, and caring manner to others in need of ministry.

<i>Ephesians 2:7</i>	<i>Colossians 3:12</i>	<i>2 Peter 1:7</i>
<i>Ephesians 4:32</i>	<i>Titus 3:4</i>	

6. Goodness (agathosune). Becoming in character like God, a Christlike character from which may come exposure or rebuke of sin or evil to please God.

<i>Mark 10:18</i>	<i>Galatians 5:22</i>	<i>2 Thessalonians 1:11</i>
<i>Romans 15:14</i>	<i>Ephesians 5:9-11</i>	

7. Faithfulness (pistis). As God, being trustworthy, dependable, or reliable in daily life with others and the Lord.

<i>Matthew 25:21</i>	<i>1 Corinthians 4:2</i>	<i>Hebrews 10:23</i>
<i>Luke 12:42</i>	<i>2 Timothy 2:13</i>	

8. Gentleness (praotes). As Christ, a strength willingly under control or authority of God and others, expressed in a humble, open, and teachable spirit.

<i>Luke 2:51,52</i>	<i>Ephesians 4:2,3</i>	<i>1 Peter 3:15,16</i>
<i>2 Corinthians 10:1</i>	<i>Titus 3:2</i>	

9. Self-Control (egkratia). Discipline towards moderation in matters of bodily or physical pleasure, attainment, or abuse, as well as interpersonal relationships.

<i>1 Corinthians 6:12</i>	<i>1 Corinthians 9:27</i>	<i>2 Peter 1:6</i>
<i>1 Corinthians 7:4</i>	<i>Titus 1:8</i>	<i>Galatians 5:19-23</i>

EXPERIENCING THE FRUIT OF THE SPIRIT

Respond to the Following Statements as They Apply to Your Personal Life:

	3-Definitely True <u>for me</u> 2-Mostly, usually true	1-True, once in a while 0-Never true	<u>My Experience</u> <u>Response</u>
1. I am secure in the certainty of God's control of the world's future and outcome.			1. _____
2. I am being aware that Jesus willingly did the will of his Father.			2. _____
3. I am agreeing that my faith has power only if God is trustworthy.			3. _____
4. I am waiting for the promises of God to be fulfilled.			4. _____
5. I have an awareness of God as sometimes angry.			5. _____
6. I know that God's mercy revealed in kindness by sending his Son spared me from deserved punishment.			6. _____
7. I am grateful that God so loved the world (and me) that he gave...His Son.			7. _____
8. I know that God's presence is my "fullness of joy" (Ps. 16).			8. _____
9. I am saying no to what God forbids and yes to His commands.			9. _____
10. I am accepting Jesus' promise of "my peace I give unto you, not as the world gives."			10. _____
11. As Christ, I am willingly yielding to authorities in my life.			11. _____
12. I am trusting in Jesus Christ as the same yesterday, today and forever.			12. _____
13. I accept the imperfections of others, knowing that "God is not through with them yet."			13. _____
14. At times I have been under conviction by a stern but good God.			14. _____
15. I am forgiving others just as Christ forgave me.			15. _____
16. I know that God loves me even when I'm unloving.			16. _____
17. I have an assurance of salvation from receiving Christ as Lord.			17. _____
18. I am learning to say no to lesser things, to experience greater things for God.			18. _____
19. I have an assurance of forgiveness of sins.			19. _____
20. I have a willing submission to God's word and Holy Spirit.			20. _____
21. I am being found reliable in fulfilling promises.			21. _____
22. I have perseverance in the face of frustration, persecution, or stretching demands or pressures.			22. _____
23. I am conducting everyday activities with a biblical lifestyle.			23. _____
24. I am comforting, encouraging or affirming others.			24. _____
25. I am meeting the needs of spouses or friends unconditionally.			25. _____
26. I am growing and maturing as God intends for me.			26. _____
27. I am committed to and having a consistent devotional life.			27. _____
28. I have an inner state of assurance and confidence from being right with God (righteousness).			28. _____
29. I am expressing myself in cooperation, humility, and teachability.			29. _____
30. I am being dependable with an accepted responsibility.			30. _____

31. I am waiting for God to assist me in becoming what I can be as intended by him. 31. _____
32. I am living out the virtues of truth-telling, honesty, and promise-keeping. 32. _____
33. I am speaking in positive tones and words which build other persons. 33. _____
34. I am affirming the good qualities of persons "getting on my nerves." 34. _____
35. I have consistent satisfaction from doing God's will. 35. _____
36. I am relating to a person or group to keep me accountable in control problem areas. 36. _____
37. I am at peace within by allowing the Spirit of Christ to abide or dwell and control my inner life. 37. _____
38. I am open and receptive to feedback where I need to improve. 38. _____
39. I am doing well with God-given abilities I am aware of. 39. _____
40. I have postponed activities of immediate self-gratification for later growth satisfaction. 40. _____
41. I have confronted other Christians in a caring way, that their conduct is wrong by God's standards. 41. _____
42. I am listening to really understand another. 42. _____
43. I am serving others who cannot or will not serve me. 43. _____
44. I have great delight in a spiritually satisfying achievement. 44. _____
45. I am recognizing and acting constructively on my knowledge of a control problem like money, sex, overeating, or gossip. 45. _____
46. I have a calmness within from God when experiencing significant conflict of differences with others. 46. _____
47. I am meek by harnessing and mellowing my conversation. 47. _____
48. I am managing my time, money and self as if owned by God. 48. _____
49. I am continuing to hope in God, when at times I am suffering. 49. _____
50. I am letting "my light so shine before men that they may see my good works..." 50. _____
51. I see a need with compassion and respond to it helpfully. 51. _____
52. I have forgiven others who have deeply hurt me, by dropping the charges for a fresh start with them. 52. _____
53. I find joy in what God is doing in other lives. 53. _____
54. I am setting goals relationally in order to serve others. 54. _____
55. I have an untroubled heart comforted by the Holy Spirit in the midst of this world's distress. 55. _____
56. I am avoiding "getting even" when others do me wrong. 56. _____
57. Friends can count on me in times of distress. 57. _____
58. I am recognizing and accepting others who develop at a different pace or in a different direction. 58. _____
59. I do sign petitions against an un-Christian or unjust practice. 59. _____
60. I am accepting of another person considered by other Christians to be practicing a "serious" sin. 60. _____
61. I am praying for my enemies or those who are unlovely. 61. _____
62. I am rejoicing in effectiveness from completing commitments of ministry. 62. _____
63. I am avoiding situations where easily tempted or addicted. 63. _____

FRUIT OF THE SPIRIT WORKSHEET

- To complete the Inventory, transfer your answers to the grid below. Be sure to follow the sequence correctly (from the top down, then on to the next column, etc.) Each number in the grid corresponds to a statement number.

							ROW TOTAL	FRUIT
1	10	19	28	37	46	55	A.	
2	11	20	29	38	47	56	B.	
3	12	21	30	39	48	57	C.	
4	13	22	31	40	49	58	D.	
5	14	23	32	41	50	59	E.	
6	15	24	33	42	51	60	F.	
7	16	25	34	43	52	61	G.	
8	17	26	35	44	53	62	H.	
9	18	27	36	45	54	63	I.	

- To compute your scores, add up the seven numbers in each row and place the sum in the "Total" column.
- In the "Fruit" column, record the fruit titles listed below (i.e., write "Peace" in row A, etc.).

KEY

Row A	Peace	Row F	Kindness
Row B	Gentleness	Row G	Love
Row C	Faithfulness	Row H	Joy
Row D	Patience	Row I	Self-Control
Row E	Goodness		

INVENTORY ANALYSIS AND PERSONAL GROWTH PLAN

1. Draw nine steps (each rising) on a sheet of paper. On the steps, place the names of the fruit experienced in your life, with the three lowest scores on the bottom steps and three highest scores on the top steps.
2. Draw nine steps again. Place the names of the fruit you consider to be the three lowest and three highest in your understanding of them.
3. The self-inventory low scores would suggest that I have most room for growth and maturity with the fruit of _____ and _____.
4. The barriers and benefits of understanding and experiencing more the fruit of _____ (select one from number 3 above) are as follows:

barriers

- a.
- b.
- c.

benefits

- a.
- b.
- c.

In what order would removing or lessening the barriers help me to grow?

In what order would adding or strengthening the benefits help me to grow?

My Self Contract/Growth Plan

I am choosing this one fruit _____ to focus upon for improvement in growth and maturing for the next _____ (week, month, or...?).

To accomplish this I will start something new, stop something old, or change something in my life. What will it be? (Be specific and realistic.)

I am selecting two of the following resources as most likely to help me in this fruit growth and maturing process:

- Pastor
- Spouse
- Significant other
- Other? _____

- Scripture
- Authoritative literature
- Media _____
- Other? _____

Relying upon God, the Holy Spirit, I commit myself to fulfil this contract!

Date

My Signature